



HIKE WITH THE NORTH DAKOTA

IF YOU KNOW INCREDIBLE WOMEN IN NORTH DAKOTA WHO WOULD BENEFIT FROM SHE ASCENDS, SPREAD THE WORD ABOUT LEIGH'S UPCOMING HIKES. AND FOR OUR NORTH REGION LADIES, IF YOU'RE UP FOR A ROAD TRIP, SHARE YOUR PLANS ON THE NORTH REGION FACEBOOK GROUP – YOU MIGHT FIND SOME AWESOME COMPANIONS!

GUIDE FOR ALL HIKES WILL BE LEIGH.

OCTOBER

OCT. 12 @4 PM [NEW GENERATION PARK HIKE](#)

NOVEMBER

NOV. 9 @10:30AM [MANDAN NATURE TRAIL](#)

DECEMBER

DEC. 14TH @ 10:30 AM [LEGACY/HAY CREEK TRAIL](#)