

HIKE WITH THE NORTH DAKOTA

IF YOU KNOW INCREDIBLE WOMEN IN NORTH DAKOTA WHO WOULD BENEFIT FROM SHE ASCENDS, SPREAD THE WORD ABOUT LEIGH'S UPCOMING HIKES. AND FOR OUR NORTH REGION LADIES, IF YOU'RE UP FOR A ROAD TRIP, SHARE YOUR PLANS ON THE NORTH REGION FACEBOOK GROUP – YOU MIGHT FIND SOME AWESOME COMPANIONS!

GUIDE FOR ALL HIKES WILL BE LEIGH

APRIL

[13TH AT 1PM MISSOURI RIVER NATURE TRAIL](#)

[20TH AT 1PM MISSOURI RIVER NATURE TRAIL](#)

MAY

[4TH AT 2:00PM MCDOWELL DAM](#)

[18TH AT 2:00PM MCDOWELL DAM](#)

JUNE

[12TH AT 6:30PM SLEEPY HOLLOW](#)

[26TH AT TBD BISMARCK ARBORETUM](#)